

# LALIGA VIETNAM SUMMER CAMP 2024

From **Madrid** to Vietnam for the first time ever!

**LALIGA**  
**ACADEMY**

**Dual Language**

 **ENGLISH &  
VIETNAMESE**



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# 1

CAMPS Vietnam of LALIGA Academy

## PHILOSOPHY AND VALUES

### OUR GOALS

Through the development of its own sports and training projects, LALIGA Academy aims to promote the culture of Spanish football and the transmission of the know-how of LALIGA's own methodology.

### OUR MISSION

Bringing the knowledge generated over the years by the best professionals of LALIGA to all countries and continents in the world.

**Transparency / Evolution / Integrity /**

**Responsability / Authenticity / Companionship /**

**Passion / Respect    Dual Language**

3



**“LALIGA is much more than just football”**

Players are the core of our project, and their comprehensive education is the ultimate goal of our involvement.

# 2

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## BA RIA TRAINING COMPLEX

### A unique facility in Ba Ria Vung Tau

In the coastal city of Ba Ria - Vung Tau is the state of the art Training Complex that nurtures talents of tomorrow. Boasting cutting-edge facilities, including pristine pitches with meticulously maintained turf, advanced fitness and recovery centers, a conducive environment is provided for the holistic development of young athletes.

Beyond the field, the facility offers top-notch accommodations , nutritious dining, and comprehensive recovery support, ensuring that our athletes thrive both on and off the field. From aspiring amateurs to future champions, this elite youth football training facility is the ultimate destination for those with the passion and dedication to reach the pinnacle of football.



### All you could need, in one place:



FOOTBALL  
FIELDS



SAUNA



SWIMMING  
POOL



GYM



RESIDENCE  
ACCOMMODATION



CLASSROOM



HALL



GAME ROOM

# 2

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## BA RIA TRAINING COMPLEX

### RESIDENCE

- Fully equipped spacious rooms
- Laundry and cleaning services provided
- 24-hour cameras and security services

### FOOTBALL FIELDS

- 2 high quality football field with natural grass
- Dedicated training spaces for goalkeeper, individual and physical training

### GYM & SWIMMING POOL

- Modern and advanced gym for fitness training
- Swimming pool for aqua training and relaxation



### COMMON AREAS

- Communal dining room to fit all players and staff to enjoy their meals
- Fully equipped classroom with WiFi projectors and audio systems
- Sauna for hot and cold immersion therapy
- Recreational spaces for players to enjoy video games in their free time
- Study meeting and event rooms
- Nearby medical facility in the event of treatment

# 3

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# CAMPS VIETNAM

Experience the LALIGA Methodology direct from the country that won the 3 consecutive major tournaments – The FIFA World Cup in 2010 and The UEFA Euro Championships in 2008 and 2012

## Junior Team



### 9 - 12

Years old  
(2012 - 2015)

## Senior Team



### 13 - 16

Years old  
(2008 - 2011)

## Dual Language



# ENGLISH & VIETNAMESE



### For whom

Players who want to elevate their footballing abilities to the next level



Players with football experience



June 23rd to July 5th

# 3

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## FOOTBALL PROGRAM



UEFA Pro (Level III) or  
UEFA A (Level II)  
coaches



Graduates in  
Physical Education  
and Sports Sciences



Experienced LALIGA  
Academy staff running  
the operations



International experience  
and expertise in fitness,  
analysis...



Conducted in English  
and Vietnamese



Trained in the LALIGA  
Methodology

Our coaching team is composed of:

**GOALKEEPER  
COACH**

**UEFA PRO\*  
Technical Director**

**HEALTHCARE  
WORKERS 24/7**

**FITNESS  
COACH**

**SPORTS  
PSYCHOLOGY**

Lead by a \*Level 3 Equivalent to UEFA Pro Coach, Mr Tito Burell with 20 years of experience and the team of coaches are carefully handpicked and personally trained by him. We are bringing our best coaching team to Ba Ria for the best experience for your child.

Coach to players ratio - 1:5 for close and individualized attention

# 3

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## TECHNICAL DIRECTOR TITO BURELL



### TITO BURELL

LALIGA Academy Vietnam  
Technical Director



Mr Tito Burell, the Technical Director at the LALIGA Academy Vietnam is a Level III coach (equivalent to UEFA Pro) from Spain with more than 20 years of experience. His previous roles were as the Head Coach at Barcelona Academy in the USA, Youth Head Coach at Granada FC in Spain and other coaching roles in Korea and China.

Through a collaborative programme between the Vietnam Football Federation (VFF) and the LALIGA Academy Vietnam, Mr Tito Burell has trained numerous Vietnamese coaches to contribute to the local youth football and grassroots initiatives.



# 4

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## LALIGA METHODOLOGY

### TRAININGS

LALIGA's Methodology structured a training process which is adapted to each stage in the player's evolving development.

### IT IS DIVIDED INTO 4 MAIN BLOCKS

We offer a training process based on the models from LALIGA clubs, that have made them a worldwide reference in term of the development and training of young talents

# 1



TECHNICAL AND  
CO-ORDINATIVE

# 2



TACTICAL AND  
COGNITIVE

# 3



PHYSICAL  
AND FITNESS

# 4



PSYCHOLOGICAL  
AND SOCIO-  
AFFECTIVE

# 4

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## SAFETY IS OUR PRIORITY

### MEDICAL TEAM

Football is a safe sport however not without risks being a contact sport

Dedicated medical team and medical bay at state-of-the-art facilities

### FIRST AID TRAINING

As part of our selection process our coaches are trained in basic first aid to assist with players on field injuries with our Football specific medical kits

### ACCIDENT INSURANCE

We have you covered for accident insurance for your child up to 30 million in expenses



All our staff have been screened; police checked to **ensure safety** in working with children

# 5

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## OFF-FIELD ACTIVITIES





# 6

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## GENERAL INFORMATION

### CLOTHING AND EQUIPMENT

#### Provided by LALIGA

- 2 training t-shirts
- 2 casual polos
- 2 football shorts
- 2 pairs of regular socks
- 1 cap
- 1 backpack
- 1 water bottle

#### MEALS AND FOOD

All the boys will have full board service such as accommodation, meals and laundry. Breakfast, lunch and dinner are provided. A nutritionist plan delicious, cooked meal for the players that meet the nutritional requirements of a pro footballer

#### Which each player has to bring

- Football cleats and shinpads
- Goalkeeper gloves (if needed)
- Sneakers
- Underwear, swimsuit, towel and flip-flops
- Streetwear
- Charger and adapter
- Personal hygiene products

#### MEDICAL CARE AND SAFETY

The camp will have medical staff on hand to deal with any heal-related problems that could arise. There are contingency plans for hot and wet weather. Our coaches are trained to spot any signs of fatigue and injury to provide immediate intervention.

# 6

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## SUMMER CAMP KIT



x2

Performance uniform



x2

Leisure polo shirts



Cap, backpack and water bottle



# WEEK 2 PLANNING



	MONDAY Day 8	TUESDAY Day 9	WEDNESDAY Day 10	THURSDAY Day 11	FRIDAY Day 12
MORNING	7.00 BREAKFAST 1	7.00 BREAKFAST 2	7.00 BREAKFAST 3	VISIT HO MAY PARK <b>8.00:</b> BREAKFAST & TRAVEL TO HO MAY PARK <b>9.00 – 12.00:</b> ENJOY HO MAY PARK <b>12.00 – 14.00:</b> LUNCH 4 + BREAK <b>14.00 – 17.00:</b> ENJOY HO MAY PARK <b>17.00 – 18.00:</b> GATHERING UP & GO BACK TO BRVT ACADEMY	7.00 BREAKFAST 5
	8.30 – 10.00 TECH TRAINING 1 Position-Specific Training*	8.30 – 10.00 TECH TRAINING 2 Position-Specific Training*	8.30 – 10.00 TECH TRAINING 3 Position-Specific Training*		8.30 – 10.00 TECH TRAINING 4 Position-Specific Training*
	10.30 – 11.30 POOL	10.30 – 11.30 GYM	10.30 – 11.30 POOL		10.30 – 11.30 POOL
LUNCH	11.30 – 12.00 LUNCH 1	11.30 – 12.00 LUNCH 2	11.30 – 12.00 LUNCH 3		11.30 – 12.00 LUNCH 5
AFTERNOON 1	12.00 – 15.00 Rest and communication with families	12.00 – 15.00 Rest and communication with families	12.00 – 15.00 Rest and communication with families		12.00 – 15.00 Rest and communication with families
AFTERNOON 2	15.00 – 17.00 MEETING ROOM TAC TRAINING 1 + COMPETITION	15.00 – 17.00 PHYSICAL FUN TRAINING 2 ON THE BEACH	15.00 – 17.00 MEETING ROOM TAC TRAINING 3 + FRIENDLY MATCH?	15.00 – 17.00 National U17 Tournament matches???	
NIGHT 1	18.00 – 19.00 DINNER 2	18.00 – 19.00 DINNER 3	18.00 – 19.00 DINNER 4	18.00 – 19.00 DINNER 5	18.00 – 19.00 DINNER 6
	19.00 – 21.30 FREE TIME	19.00 – 21.30 FREE TIME	19.00 – 21.30 FREE TIME	19.00 – 21.30 FREE TIME	CLOSING CEREMONY + CHECK OUT
NIGHT 2	TIME TO SLEEP	TIME TO SLEEP	TIME TO SLEEP	TIME TO SLEEP	

# 7

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## WHAT IS INCLUDED

### FOOTBALL PROGRAM

- More than 15 hours of football training per week.
- Training under LALIGA Methodology
- Fitness training for football and individual performance optimization

### OFF-FIELD ACTIVITIES

- Visit to Vung Tau beach
- Excursions around Ba Ria
- Amusement Parks and water park
- Educational Q&A with LALIGA Ambassador



### OTHER SERVICES

- Residence and fullboard.\*
- Laundry service
- Breakfast, lunch, dinner and refreshments
- Training and competition kits
- Staff monitoring and assistance
- 2-way transportation from Ho Chi Minh to Ba Ria



# 8

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## FEES AND REGISTRATION

Full Price

**25,000,000** VND

### Early Bird Promotion

First 20 LALIGA students get 30% discount

**BEST OFFER** ~~25,000,000~~

**17,500,000** VND

**30%** off

### Non Academy Students (non-early bird)

First 15 students get 20% discount.

**20,000,000** VND

**20%** off



**CAMP**

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